

South Dakota LMSC - Women's SCY Records
Updated 01.04.25

These records have been created as a volunteer labor of love! Please contact Katherine Olson, South Dakota LMSC Top Ten Recorder, if you spot any issues: SDTopTen@usms.org.

Criteria for South Dakota LMSC records:

South Dakota Masters Swimming State records are currently kept in Short Course Yards (SCY) only. A swimmer submitting a time must have a current USMS registration and be a member of South Dakota Masters Swimming at the time of the swim. (Swimmers must be either UNAT/UC54, or a member of a club registered with the South Dakota LMSC. OEVT swimmers are not eligible for state records.) Swimmers must also reside in the state of South Dakota at the time of the swim for it to qualify as a state record.

All submitted times must be swum at USMS recognized or sanctioned meets. These meets may take place out of the state of South Dakota. (Note: many "Senior Games" events may not have the USMS recognition/sanction needed to qualify for our records. Inquire with the South Dakota Top Ten Recorder if you need verification that a meet is within compliance of these guidelines).

If you achieve a time that is a South Dakota LMSC state record, or have a question about any South Dakota LMSC state records, please contact the South Dakota LMSC Top Ten Recorder at: SDTopTen@usms.org.

Q: What is the difference between the South Dakota LMSC records and the South Dakota State Meet Records?

State meet records are currently kept in Short Course Yards (SCY) only. Any swimmer competing in the annual South Dakota Masters State Meet may qualify for these records, including swimmers from other LMSC's and OEVT (one-event) registered swimmers.

South Dakota LMSC - Women's SCY Records

W 50 Free SCY	Name	Time	Age	Club	Date	Location
18-24	Emily Newton	26.46	23	PMST	2016	Pierre, SD
25-29	Sallie Doty	26.15	26	PMST	2016	Pierre, SD
30-34	Megan Sampson	27.34	31	PMST	2017	Sioux Falls, SD
35-39	Mandi Meredith-Dunlop	25.64	37	PMST	2018	Pierre, SD
40-44	Mandi Meredith-Dunlop	26.57	41	SDPM	2022	Sioux Falls, SD
45-49	Mary Turner	30.06	49	PMST	2013	Pierre, SD
50-54	Jennifer Kirby	29.20	52	SDPM	2022	San Antonio, TX
55-59	Elyce Kastigar	29.93	57	SDPM	2021	Pierre, SD
60-64	Elyce Kastigar	29.97	60	SDPM	2024	Aberdeen, SD
65-69	Sherry Barkley	35.92	66	SDPM	2024	Aberdeen, SD
70-74	Rosemarie Gors	1:14.45	71	PMST	2018	Pierre, SD

W 100 Fr SCY	Name	Time	Age	Club	Date	Location
18-24	Hannah Stein	1:00.99	20	PMST	2018	Pierre, SD
25-29	Anita Isch	59.98	25	PMST	2012	Pierre, SD
30-34	Megan Peterson	59.54	32	PMST	2016	Pierre, SD
35-39	Mandi Meredith-Dunlop	57.60	37	PMST	2018	Pierre, SD
40-44	Paula Pardy	1:04.21	44	PMST	2013	Pierre, SD
45-49	Paula Pardy	1:07.18	49	PMST	2018	Pierre, SD
50-54	Jennifer Kirby	1:03.85	54	SDPM	2024	Fremont, NE
55-59	Janell Gerberding	1:08.84	55	SDPM	2024	Aberdeen, SD
60-64	Sherry Barkley	1:16.69	60	PMST	2018	Pierre, SD
65-69	Sherry Barkley	1:19.62	66	SDPM	2023	Sioux Falls, SD

W 200 Fr SCY	Name	Time	Age	Club	Date	Location
18-24	Anne Voigt	2:13.20	21	PMST	2018	Pierre, SD
25-29	Katie Tiedeman	2:13.04	28	PMST	2012	Pierre, SD
30-34	Megan Peterson	2:06.98	32	PMST	2016	Pierre, SD
35-39	Megan Peterson	2:18.87	39	SDPM	2023	Sioux Falls, SD
40-44	Melanie Mahowald	2:20.96	40	VAST	2022	Sioux Falls, SD
45-49	Paula Pardy	2:26.48	49	PMST	2018	Pierre, SD
50-54	Jennifer Kirby	2:21.56	53	SDPM	2023	Irvine, CA
55-59	Sherry Barkley	2:47.85	57	PMST	2015	Pierre, SD
60-64	Sherry Barkley	2:57.11	66	SDPM	2024	Aberdeen, SD

W 500 Fr SCY	Name	Time	Age	Club	Date	Location
18-24	Anne Voigt	6:08.02	21	PMST	2018	Pierre, SD
25-29	Megan Peterson	5:35.62	29	PMST	2013	Pierre, SD
30-34	Megan Peterson	5:35.11	31	PMST	2015	Pierre, SD
35-39	Melanie Mahowald	6:15.23	39	VAST	2021	Pierre, SD
40-44	Melanie Mahowald	6:07.54	40	VAST	2022	Sioux Falls, SD
45-49	Paula Pardy	6:31.30	48	PMST	2017	Sioux Falls, SD
50-54	Jennifer Kirby	6:29.02	52	SDPM	2022	San Antonio, TX
55-59	Sherry Barkley	7:46.81	57	PMST	2015	Pierre, SD
60-64	Sherry Barkley	8:00.53	64	SDPM	2022	Sioux Falls, SD
65-69	Sherry Barkley	8:00.50	66	SDPM	2023	Sioux Falls, SD

W 1000 Fr SCY	Name	Time	Age	Club	Date	Location
18-24	Jennifer Frerichs	12:02.96	23	PMST	1993	Sioux Falls, SD
25-29	Megan Peterson	11:19.08	29	PMST	2013	Pierre, SD
30-34	Megan Peterson	11:18.43	32	PMST	2016	Pierre, SD
35-39	Megan Peterson	12:40.65	38	SDPM	2022	Sioux Falls, SD
40-44	Paula Pardy	13:27.60	44	PMST	2013	Pierre, SD
45-49	Paula Pardy	13:09.75	49	PMST	2018	Pierre, SD
50-54	Jennifer Kirby	13:45.01	54	SDPM	2024	Palm Springs, CA
55-59	Sherry Barkley	15.13.25	58	PMST	2016	Pierre, SD
60-64	Sherry Barkley	16:06.43	64	SDPM	2022	Sioux Falls, SD

W 1650 Fr SCY	Name	Time	Age	Club	Date	Location
50-54	Jennfer Kirby	23:21.33	53	SDPM	2023	Fremont, NE

W 50 Back SCY	Name	Time	Age	Club	Date	Location
18-24	Molly Knowles	31.99	23	PMST	2016	Pierre, SD
25-29	Amanda Taylor	30.17	25	PMST	2016	Pierre, SD
30-34	Sara Jean Baptiste	33.56	34	PMST	2014	Pierre, SD
35-39	Sara Pokela	32.83	37	PMST	2017	Sioux Falls, SD
40-44	Katherine Olson	32.81	40	PMST	2018	Pierre, SD
45-49	Katherine Olson	33.00	45	SDPM	2023	St. Paul, MN
50-54	Elyce Kastigar	34.29	53	SDPM	2017	Sioux Falls, SD
55-59	Elyce Kastigar	34.33	57	SDPM	2021	Pierre, SD
60-64	Elyce Kastigar	34.91	60	SDPM	2024	Aberdeen, SD
65-69	Sherry Barkley	48.09	66	SDPM	2023	Sioux Falls, SD

W 100 Back SCY	Name	Time	Age	Club	Date	Location
18-24	Hannah Kiernan	1:05.06	22	SDPM	2024	Aberdeen, SD
25-29	Amanda Taylor	1:05.51	25	PMST	2016	Pierre, SD
30-34	Sara Jean Baptiste	1:09.65	34	PMST	2014	Pierre, SD
35-39	Katherine Olson	1:11.03	38	PMST	2016	Pierre, SD
40-44	Paula Pardy	1:14.31	43	PMST	2022	Pierre, SD
45-49	Katherine Olson	1:13.47	45	SDPM	2022	Fremont, NE
50-54	Elyce Kastigar	1:14.08	52	PMST	2016	Pierre, SD
55-59	Janell Gerberding	1:27.77	55	SDPM	2024	Aberdeen, SD
60-64	Sherry Barkley	1:40.86	60	PMST	2018	Pierre, SD

W 200 Back SCY	Name	Time	Age	Club	Date	Location
18-24	Abby Lorenz	2:47.10	19	SDPM	2023	Sioux Falls, SD
25-29	Amanda Taylor	2:25.98	25	PMST	2016	Pierre, SD
30-34	Megan Peterson	2:30.41	34	PMST	2018	Pierre, SD
35-39	Katherine Olson	2:36.90	35	PMST	2015	Pierre, SD
40-44	Jenny Hodges	3:46.07	42	PMST	2017	Sioux Falls, SD
45-49	Katherine Olson	2:42.36	46	SDPM	2024	Indianapolis, IN
50-54	Elyce Kastigar	2:49.90	52	PMST	2016	Pierre, SD
55-59	Eddie Mueller	4:02.02	55	PMST	2016	Pierre, SD
60-64	Sherry Barkley	3:37.53	64	SDPM	2022	Sioux Falls, SD

W 50 Br SCY	Name	Time	Age	Club	Date	Location
18-24	Emily Newton	32.07	23	PMST	2016	Pierre, SD
25-29	Sallie Collins	31.87	25	PMST	2015	Pierre, SD
30-34	Anna Sonstegard	37.79	34	PMST	2023	Sioux Falls, SD
35-39	Katherine Olson	37.74	36	PMST	2014	Pierre, SD
40-44	Paula Pardy	38.30	43	PMST	2012	Pierre, SD
45-49	Tia Tolk	37.62	47	SDPM	2019	Watertown, SD
50-54	Jennifer Kirby	36.95	54	SDPM	2024	Indianapolis, IN
55-59	Elyce Kastigar	38.85	57	SDPM	2021	Pierre, SD
60-64	Elyce Kastigar	37.98	60	SDPM	2024	Aberdeen, SD
65-69	Rosemarie Gors	1:36.26	65	PMST	2012	Pierre, SD
70-74	Rosemarie Gors	1:47.25	71	PMST	2018	Pierre, SD

W 100 Br SCY	Name	Time	Age	Club	Date	Location
18-24	Emily Newton	1:10.30	23	PMST	2016	Pierre, SD
25-29	Sallie Doty	1:13.08	26	PMST	2016	Pierre, SD
30-34	Lisa Reuland	1:59.35	30	PMST	2013	Pierre, SD
35-39	Kristina Hein	1:30.33	39	PMST	2015	Pierre, SD
40-44	Paula Pardy	1:22.42	44	PMST	2013	Pierre, SD
45-49	Tia Tolk	1:22.98	47	SDPM	2019	Watertown, SD
50-54	Jennifer Kirby	1:23.56	54	SDPM	2024	St. Paul, MN
55-59	Dianne Timmer	1:43.23	57	SDPM	2022	Sioux Falls, SD

W 200 Br SCY	Name	Time	Age	Club	Date	Location
18-24	Emily Newton	2:34.54	23	PMST	2016	Pierre, SD
25-29	Megan Peterson	2:57.05	29	PMST	2013	Pierre, SD
30-34	Megan Peterson	2:52.94	30	PMST	2014	Pierre, SD
35-39	Kristina Hein	3:15.02	39	PMST	2015	Pierre, SD
40-44	Jami Baedke	3:19.88	40	VAST	2022	Sioux Falls, SD
45-49	Paula Pardy	3:01.22	46	PMST	2015	Pierre, SD
50-54	Jennifer Kirby	2:55.74	54	SDPM	2024	Fremont, NE
55-59	Dianne Timmer	3:37.45	57	SDPM	2022	Sioux Falls, SD

W 50 Fly SCY	Name	Time	Age	Club	Date	Location
18-24	Sallie Collins	28.59	24	PMST	2014	Pierre, SD
25-29	Sallie Collins	29.01	25	PMST	2015	Pierre, SD
30-34	Anna Sonstegard	29.45	34	PMST	2023	Sioux Falls, SD
35-39	Mandi Meredith-Dunlop	28.31	37	PMST	2018	Pierre, SD
40-44	Mandi Meredith-Dunlop	28.99	41	SDPM	2022	Sioux Falls, SD
45-49	Katherine Olson	31.52	46	SDPM	2024	Indianapolis, IN
50-54	Elyce Kastigar	32.30	53	PMST	2017	Pierre, SD
55-59	Elyce Kastigar	32.85	57	SDPM	2021	Pierre, SD
60-64	Elyce Kastigar	32.11	60	SDPM	2024	Aberdeen, SD
65-69	Sherry Barkley	40.78	66	SDPM	2023	Sioux Falls, SD

W 100 Fly SCY	Name	Time	Age	Club	Date	Location
18-24	Molly Knowles	1:06.57	23	PMST	2016	Pierre, SD
25-29	Morgan Sonstegard	1:11.15	27	PMST	2012	Pierre, SD
30-34	Anna Sonstegard	1:11.45	34	PMST	2023	Sioux Falls, SD
35-39	Mandi Meredith-Dunlop	1:03.01	37	PMST	2018	Pierre, SD
40-44	Mandi Meredith-Dunlop	1:04.34	41	SDPM	2022	Sioux Falls, SD
45-49	Paula Pardy	1:25.60	48	PMST	2017	Sioux Falls, SD
50-54	NONE					
55-59	Janell Gerberding	1:28.43	55	SDPM	2024	Aberdeen, SD
60-64	Sherry Barkley	1:42.59	64	SDPM	2022	Sioux Falls, SD

W 200 Fly SCY	Name	Time	Age	Club	Date	Location
18-24	Anne Voigt	2:33.23	21	PMST	2018	Pierre, SD
25-29	Anita Troyer	3:02.16	27	PMST	2014	Pierre, SD
30-34	Megan Peterson	2:30.02	31	PMST	2015	Pierre, SD
35-39	Jenny Hodges	3:35.47	39	PMST	2014	Pierre, SD
40-44	Jenny Hodges	3:47.64	42	PMST	2017	Pierre, SD
45-49	Paula Pardy	3:13.24	48	PMST	2017	Sioux Falls, SD

W 100 IM SCY	Name	Time	Age	Club	Date	Location
18-24	Emily Newton	1:04.22	23	PMST	2016	Pierre, SD
25-29	Sallie Doty	1:04.65	26	PMST	2016	Pierre, SD
30-34	Megan Peterson	1:06.17	30	PMST	2014	Pierre, SD
35-39	Mandi Meredith-Dunlop	1:07.15	37	PMST	2018	Pierre, SD
40-44	Mandi Meredith-Dunlop	1:09.27	40	SDPM	2021	Pierre, SD
45-49	Katherine Olson	1:13.86	46	SDPM	2024	Indianapolis, IN
50-54	Elyce Kastigar	1:11.43	52	PMST	2016	Pierre, SD
55-59	Elyce Kastigar	1:15.92	57	SDPM	2021	Pierre, SD
60-64	Elyce Kastigar	1:13.78	60	SDPM	2024	Aberdeen, SD
65-69	Sherry Barkley	1:38.09	66	SDPM	2023	Sioux Falls, SD

W 200 IM SCY	Name	Time	Age	Club	Date	Location
18-24	Hannah Kiernan	2:39.28	22	SDPM	2024	Aberdeen, SD
25-29	Sallie Doty	2:26.39	27	PMST	2017	Pierre, SD
30-34	Megan Peterson	2:26.31	32	PMST	2016	Pierre, SD
35-39	Jessica Kroon	2:51.67	38	SDPM	2022	Sioux Falls, SD
40-44	Paula Pardy	2:38.03	43	PMST	2012	Pierre, SD
45-49	Katherine Olson	2:46.61	46	SDPM	2024	Indianapolis, IN
50-54	Elyce Kastigar	2:45.13	52	PMST	2016	Pierre, SD
55-59	Sherry Barkley	3:13.33	55	PMST	2013	Pierre, SD
60-64	Sherry Barkley	3:15.71	61	SDPM	2019	Sioux Falls, SD
65-69	Sherry Barkley	3:27.75	66	SDPM	2024	Aberdeen, SD

W 400 IM SCY	Name	Time	Age	Club	Date	Location
18-24	Hannah Kiernan	5:24.43	22	SDPM	2024	Aberdeen, SD
25-29	Megan Peterson	5:10.55	29	PMST	2013	Pierre, SD
30-34	Megan Peterson	4:59.46	32	PMST	2016	Pierre, SD
35-39	Megan Peterson	5:38.30	38	SDPM	2022	Sioux Falls, SD
40-44	Mandi Meredith-Dunlop	5:22.71	41	SDPM	2022	Sioux Falls, SD
45-49	Paula Pardy	6:01.23	47	PMST	2016	Pierre, SD
50-54	Mary Turner	6:56.52	50	PMST	2014	Pierre, SD
55-59	Sherry Barkley	7:00.44	58	PMST	2016	Pierre, SD
60-64	Sherry Barkley	7:04.81	60	PMST	2018	Pierre, SD

25's "Just For Fun" records

Here are the LMSC records for 25 yard events, which are not recognized as legal distances in USMS.

25 Free

Age Group	Name	Time	Age	Club	Date	Location
W 35-39	Megan Peterson	13.41	39	SDPM	2023	Sioux Falls, SD
W 40-44	Daisha Seyfer	18.75	44	SDPM	2023	Sioux Falls, SD
W 45-49	Katherine Olson	13.41	45	SDPM	2023	Sioux Falls, SD
W 55-59	Elyce Kastigar	13.08	59	SDPM	2023	Sioux Falls, SD

25 Breast

Age Group	Name	Time	Age	Club	Date	Location
W 35-39	Jill Smolczyk	20.13	36	VAMT	2023	Sioux Falls, SD
W 45-49	Katherine Olson	17.56	45	SDPM	2023	Sioux Falls, SD
W 55-59	Elyce Kastigar	16.97	59	SDPM	2023	Sioux Falls, SD

25 Fly

Age Group	Name	Time	Age	Club	Date	Location
W 35-39	Jill Smolczyk	15.26	36	VAMT	2023	Sioux Falls, SD
W 40-44	Angela Haas	27.62	42	VAMT	2023	Sioux Falls, SD
W 45-49	Katherine Olson	14.15	45	SDPM	2023	Sioux Falls, SD
W 55-59	Elyce Kastigar	14.44	59	SDPM	2023	Sioux Falls, SD

25 Back

Age Group	Name	Time	Age	Club	Date	Location
W 35-39	Jill Smolczyk	17.63	36	VAMT	2023	Sioux Falls, SD
W 40-44	Angela Haas	25.39	42	VAMT	2023	Sioux Falls, SD
W 45-49	Katherine Olson	15.68	45	SDPM	2023	Sioux Falls, SD
W 55-59	Elyce Kastigar	15.93	59	SDPM	2023	Sioux Falls, SD